1. **Posture Song:** Lean forward, lean backward, to the left, to the right, stand up, sit down, to the left to the right (2X) With a stomp, and a slap, and a clap, and a click, now do it backwards and see if it sticks (2X) With a spin to the right, and a twirl to the left, turn to your partner and stomp, slap, clap, click! (2X)

2. **Position 2 Song:** Feet, feet, flat on the floor, back away from the chair. Chest up, chin straight, now we sing with care! DO-TI-LA-SOL-FA-MI-RE-DO (2X) everybody sing.

3. **Take Time in Life:** I was passing by, my [brother, sister, etc] called to me, and he said to me, “You better take time in life! Take time in life, take time in life, take time in life, cuz you’ve got so far to go.”

4. **Alfred the Alligator:** Have you ever been down the water spout, to the very bottom of the water system? There you’ll find a little alligator who goes by the name of Alfred, if you do, he’s mine. I lost him. I threw him down the water spout and now I’m very lonely cuz he’s gone. I miss him. I really really really really miss. I miss him.

5. **O Mrs. Shady:** O Mrs. Shady, she was a lady, she had a daughter, whom I adored. I went to court her-I mean her daughter-every Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday afternoon at half past four.

6. **My Bonnie:** My bonnie lies over the ocean, my bonnie lies over the sea, my bonnie lies over the ocean, oh bring back my bonnie to me. Bring back, bring back, oh bring back my bonnie to me, to me. Bring back, bring back, oh bring back my bonnie to me.

7. **Yonder Come Day:** (Middle Part) Yonder come day, day is a-breakin, yonder come day, oh my soul, yonder come day, day is a-breakin, sun is a-risin, in my soul. (Low Part) Yonder, yonder, yonder, yonder. Yonder, yonder, sun is a-risin, in my soul. (High Part) Sunrise, sunrise oh yonder. Sunrise, sun is a-risin, in my soul.

8. **It’s Friday:** It’s Friday! I’m feeling good today, and when I feel that way, it makes me wanna say: hurray! (clap; pat on legs; snap; high-ten) *maybe come up with a fun non-hand-touching alternative to the high-ten*

9. **Many Mumbling Mice:** Many mumbling mice are making midnight music in the moonlight, mighty nice.

10. **Chester Cheetah:** Chester Cheetah chewed a chunk of cheap cheddar cheese.

11. **Pat Picked:** Pat picked pepperoni pizza and Pepsi. Pam picked pumpkin pie.

12. **Sansa Kroma:** Sah-sah kroh-mah nee-neh woo aw-che che koh-koh-mah. Sah-sah kroh-mah nee-neh woo aw-che che koh-koh-mah. (Ghanian: Sansa the hawk. You are an orphan, so you snatch up baby chicks.”)

13. **I Love the Mountains:** I love the mountains, I love the rolling hills, I love the flowers, I love the daffodils, I love the fireside when all the lights are low. Boom-di-ah-da, boom-di-ah-da, boom-di-ah-da, boom-di-ah-da.

14. **Ghost of John:** Have you seen the ghost of John? Long white bones with the skin all gone. Oooooooh! Wouldn’t it be chilly with no skin on?

15. **Benji:** Benji met the bear, the bear met Benji, the bear was bulgy, the bulge was Benji. Lucy met the train, the train met Lucy, the train was juicy, the juice was Lucy.
16. **Dum-Dum**: Dum-dum dah-dah-dah-dah dum-dum-dah! (3X) Dum-dum dah-dah-dah-dah dum-dum-dum. (Pat lap right then left; criss-cross in then out; Pat turn right then left; Seal-clap then tap back of hands)

17. **Solfège Stack**: DO DO-RE-DO DO-RE-MI-RE-DO...... (all the way up) DO DO-TI-DO DO-TI-LA-TI-DO.... (all the way down)

18. **ABC...**: ABCDEFGHIJKLMNOPQRSTUVWXYZ


20. **I like to Eat**: I like to eat, eat, eat apples and bananas. I like to eat, eat, eat apples and bananas. (oat, oot, ate, aht, oht, eet, eht, etc)

21. **My Mommy**: My mommy made me mash my M&Ms. 
   **Variation**: Mommy made me mash my M&Ms, I cried.

22. **Minny-minny**: Minny-minny-minny-minny-min, min-min, min-mah. (change the consonant)


   Zumma, zumma, zum-ma-ma-maah.

25. **Aardvarks are My Friends**: Aardvarks are my friends. (tune of: “Yankee Doodle” – every note is a different syllable!)

26. **Boogie Down**: Boogie down, boo-boogie down. Boogie down, boo-boogie down. Hey [Doug]! Hey, what? Hey [Doug]! Hey, what? hey what? Let me see you boogie down, Lehhtt me see you boogie down. **With my hands in the air and my feet on the ground, this is how I boogie down.** With his hands in the air and his feet on the ground, this is how he boogies down.

27. **Ah Poor Bird**: Ah poor bird, take your flight. Up above the sorrows of this dark night.

28. **Music Alone Shall Live**: All things shall perish from under the sky. Music alone shall live, music alone shall live, music alone shall live, never to die.


30. **COFFEE Canon**: C-O-F-F-E-E coffee is not for me. It’s a drink some people wake up with; that it makes them nervous is no myth. Drinking their coffee cup, they can’t give coffee up!

31. **Hey Ho**: Hey, ho, nobody home. Meat nor drink nor money have I none. Still I will very merry. Hey, ho, nobody home.


33. **Oh Music**: Oh music, sweet music, thy praises we will sing. We will tell of the pleasures and happiness you bring. Music, music, let the chorus ring.

34. **Junk Food Song**: One bottle pop, two bottle pop, three bottle pop, four. Five bottle pop, six bottle pop, seven bottle pop, pop! Don’t throw your trash in my backyard, my backyard, my backyard, don’t throw your trash in my backyard, my backyard’s full. Fish and chips and vinegar, vinegar, vinegar. Fish and chips and vinegar, pepper, pepper, pepper, salt!